

SUSIE'S BOOK

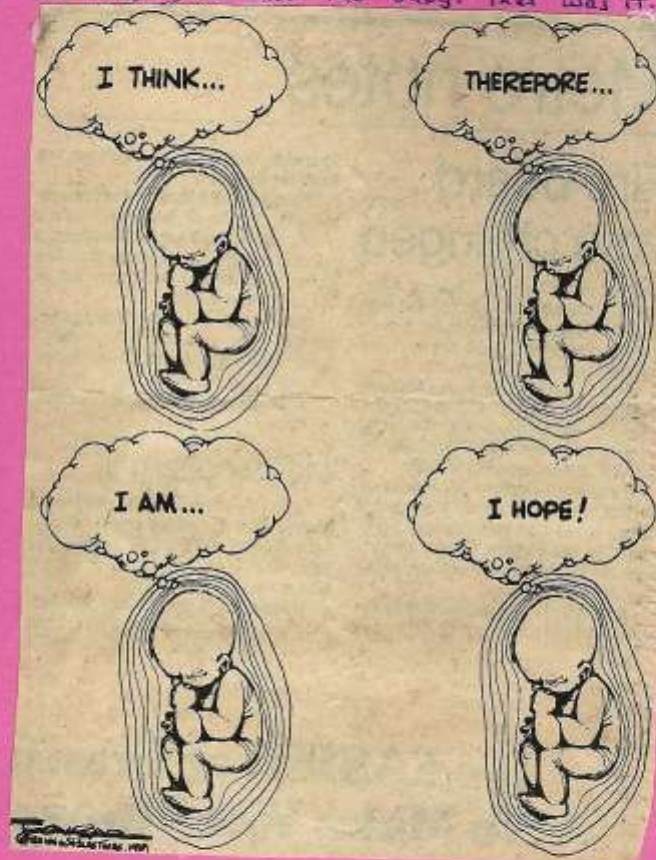
A New Daughter



IN THE BEGINNING . . .

Elsa had a dream-vision in which "I was somewhere, I don't know where. I saw this spaceship which looked like a clam. It opened up, and I went close to it and I looked in. There was a man and a woman inside, and they were dressed in white. I went inside. On the floor was a little crib with a baby in it. I was standing there looking. They asked me, "Do you want this child? It's a little girl." They didn't think I wanted it because she was a little slow in development. Elsa said, "I sure do want it." So they gave me the baby. That was it."

[Dream-vision-
encounter
several months
before conception]



THE BIRTH OF A BABY
PREVIEWS OF COMING ATTRACTIONS

- *July 4, 1980 - Conception occurs after July 4th fireworks fizzle out at Oaks Park on the Willamette River. Place: Trillium Lake at Mt. Hood National Forest. Time: between 11:00p.m. and 12:00p.m.
- Apr. 9, 1980 - Morning Meditation: "saw" a blond-haired girl, whom I recognized to be a part of whole structure of my past. Girl from the past.
- May 12, 1980 - Meditation: "saw" colorful flowers again. Tried to astrally project Elsa on a trip to the heavenly garden. Also saw myself materializing flowers out of the etheric essence, placing them in people's hands, pulling them from behind ears and finding them for people under and behind chairs. Gave a small blue indigo flower to all in the crowd. Flowers keep fresh and aromatic without water for a long period of time. Saw a female face with shawl (gypsy-type) around head and shoulders who was going to work with me on materializing flowers. Heard the name of Gretchen.
- July 21, 1980 - In San Francisco. Strange vibrations felt when seeing movie "The Shining" in which a boy sees strange sights. See and buy another Elvis Record: "Today" in which the song "Susan When She Tried" is sung at a faster tempo than the Statler Brothers sing it.
- August 8 - Last night before going to sleep I entered consciousness of "miracle of birth" and saw beginnings of birth: it was like a tubular insulator or incubator which had a filament of light within, and the filament of light was the embryonic light system (cellular-etheric) which was beginning to subdivide.
- August 9 - Last night before drifting off to sleep I put my right hand on Elsa's womb and sent energy rays like beams of light (pulsating through pineal gland) into newborn embryo. Outside there was--in nature--an explosion of fireworks, which were a reflection and echo of what was occurring within!
- Sept. 9 - Elsa awoke from a dream around 1 a.m. in which she dreamt about some girl getting a transfusion.
- Sept. 13 - Morning Meditation: "saw" with "eye of the soul" the lotus chakra of top of head (abstract mind) open up like a lily plant and a radiating beam of light shoot down the spine-- "thou anointest my head with oil."
Elsa had a dream about Susie (the name means lily).
Part One: Susie had a hard time washing her hands in the

sink, so she washed them in the toilet. She was about eight months. Part two: Susie was already walking and she got her hand burned and she showed the hand to Elsa's sister Olga and asked for a hug, but Olga felt it improper to hug another female. Susie didn't cry and she felt no pain. (interpretation: pre-natal instructions to mother--child will need small sink, and treatment for "pain" to be not given out with a kiss, as with Paul Steven, but with a hug.) Elsa said she was really cute; Elsa's face was beaming.

- Sept. 28 - Saw Susie in a dream. She was already almost 2 years old and was talking and having loads of fun laughing and playing. Elsa woke up with her astral crawling all over me, but I said "no, for Susie's sake."
- Oct. 3 - Dream: recall something about Susie. But this was Susie Ilyin, and we were together in a car. We liked each other, and I kissed her on the cheek and was amazed how soft her cheek was.
- Nov. 4 - The LIFE PRINCIPLE ⁴ has been entering into Elsa's womb for the last two days and today was firmly implanted in Susie's newly-built 4-month body; Elsa felt strong moving!
- Nov. 11 - Dream: saw former cat from San Mateo called Susie--she was white and pure. (Elsa woke up at the next minute and so did I, for the Susie-within-the-womb was kicking).
- Nov. 29 - First time I felt Susie move in Elsa's womb!
- Dec. 11 - Morning Meditation: "saw" an image of an elderly woman in her late fifties and looking at me sideways (left profile of her face). She was just smiling sideways and silently observing and paying tribute to my meditation practices. Her hair was rolled up in the back in a ball and she was dressed in plain gray-brown tones; she wore an old-fashioned (past the knees) skirt (early 20's European style). I didn't think much of her till evening, when I started reading p. 73 in The Further Education of Oversoul Seven by Jane Roberts, in which Lydia is to be reincarnated but she appears to her mother-to-be in dream state as an adult. That's when the image of "Susie-to-be" perked up in my mind's eye again, and I was able to write the description that I remembered and "saw" once again.
- Jan. 2, 1981 - This night we tried an experiment before going to sleep. I tied Elsa's diamond ring to yellow 1' long thread and suspended it pendulum-style over Elsa's womb at navel (solar plexus), and asked spirit guidance in determining whether embryo-fetus was boy (clockwise) or girl (counter-clockwise). The pendulum swung very forcibly for about 3-5 minutes in the clockwise direction. I heard the word Tony -- is it the name of spirit guide for new baby or is it the name the new baby desires for self?
Will try experiment one more time for verification. Will again light 4 candles, one for each person present, and will place hands (right over left) above womb. I will hold pendulum with right hand over solar plexus, after anointing the womb with baby oil and after calling on spirit guidance.

Elsa said afterwards that she had seen the pendulum method tried before on pregnant woman. Sometimes it worked and sometimes it didn't. But she said that several days previous, she saw Nick Jason Monge looking at her womb and she thought perhaps he could see into the womb. So she asked him to make an affirmative answer to her questions. She first asked him if he saw a girl. He just stared at the womb. She next asked him if he saw a boy. Jason beamed and smiled laughingly. His answer: it's a boy!

Elsa and I talked about the possibility of a boy for the first time. She said even Jeannie foresaw that it was going to be a boy, because boys are carried high in the womb, and girls are carried low. Elsa also recalled that Boris mentioned at some time that it was going to be a boy. Elsa wants to call him Philip. I had the impression of either Philip Anthony or Philip Alexander.

- Jan. 3 - Tonight with Paul R. as a witness we performed pendulum experiment again. This time it went counter-clockwise (girl); then we thought it might be twins, so I asked it to go counter, then stop and go clockwise to indicate if it was twins. It did exactly that! Twins!?
- Jan. 4 - Awoke with slight pain in groin. Last night I felt a sex tingle during experiment alone with Elsa when pendulum swung (North-South, +-), and not circular. Felt in my loins that it was a girl.
- Jan. 5 - Performed last experiment to find out physical sex of new baby: the string and diamond ring swung same as Jan.3rd, that is, the ring first swung counter-clockwise (girl) and then slowed down and began swinging clockwise (boy). I asked it to swing wide and strong, and it obeyed. It made a very wide circle until Elsa "unintentionally" put her hand in the way. Paul Steven noticed the time as 8:32 p.m. End of experiment. Conclusion: twins? One boy for Paul Steven and one girl for Elsa. To keep everybody in the family happy.
- Jan. 27 - Dream: had a dream in which a mother cat had a female kitten, which soon afterwards gave birth to three tiny kittens.
- Jan. 29 - Elsa received a baby blanket from Lynn Smith. Colors: pink, white, yellow, blue. Blanket is made of 33 rows by 14 rows = 462 rins (12 = zodiac). Four colors into 462 = 115 + 2. Blanket came in box with ARIES glyph and 22 radiating lines around a circle.
- Feb. 1 - Elsa had a "thought-dream" (means astral experience is transferred to mind so as to recall dream on awakening--sensation on awakening is: "Did I think it or did I dream it?"). She "dreamt" that she was holding a baby boy and feeding it (breast feeding). He was just a cute little boy, and was wearing a T-shirt and diapers. He was a big boy, about 8 lbs.

- Feb. 6 - Altered state of Consciousness: I felt a very wide stream pouring into and out of the top of the crown chakra. I put myself in contact with "the little one" inside Elsa's womb by putting my right hand below the navel; I could "see" a very "light" body, almost jelly-like, and it was vividly presented to my 3rd eye as a boy with a protruding penis (which in some cases folds in to become a girl). Strange words came out of Elsa's "dream-state" at the same moment that I was tuning in: she said, "she won't do that, she's too old." When she awoke I asked her what she dreamt, and she replied that it was about an old woman that was sweeping (symbolic).
- Feb. 9 - Experiment with brown Jamaican coral pendulum. Two clicks from electrical fixture in ceiling during oil massage to Elsa's belly told me the experiment could proceed. Two clicks again--told me it was twins, and pendulum responded with straight line swing from east to west (instructions were: clockwise=boy, counterclockwise=girl, straight=twins). One click at end signified end of experiment. Lots of movement from twins during encounter of the baby(soul)-kind.
- Feb. 23 - Meditation: received a children's story-song called "Story of a Soul."
- March 6 - Dream: Awoke at 2:27 a.m. from a dream about Elsa's baby being born. The birth occurred so fast that it seemed like a day passed before we realized we actually had a baby. It was a girl! The day after she was born she was already home with us and Elsa was holding her. She was crying and so I took her into my arms and started singing to her. She stopped crying. She was trying to focus her eyes on the ceiling (stars on ceiling?), but it was hard since one eye (right?) had not yet cleared of the filmy substance. She looked like Elsa. It seemed like Elsa's milk was not yet ready.
- March 8 - Elsa began contractions after midnight, around 12:45 a.m. The back was in pain earlier, but the sensations of uterine pain weren't present. Gave Elsa a massage with oil and later a pelvic exam but didn't feel time was right. Cervix hadn't dropped. Pelvis too narrow. Contractions: 6:24 - 6:25; 6:26 - 6:28; 6:30 - 6:31; 6:35 - 6:36. Things subsided later and all was back to normal. However, there was a hardening of the uterine wall. Impression that "false labor" was induced by "new moon" cycle.
- March 9 - Experiment at 10:30 p.m. Elsa's diamond ring on a light green string of four strands was used as a pendulum. The communicator requested to know: (1) What day will child be born? Answer: Pendulum swung in straight line to the number 30 for several minutes, meaning March 30, just as the doctor predicted. (2) What gender will the child be? Answer: counter-clockwise = girl. Comments: heard many communicating clicks or signals both from movements in womb & simultaneously with clicks in light in ceiling. Communicator-channel felt strong emanations coming from base of spine (chakra) during 1st experiment, and saw strong aura around circular chart created for experiment.

- March 18 - Saw stork with Elsa behind Mo's on the Oregon Coast. Sign of baby. Across waters. Needs to be brought across emotional (astral) sea.
- March 20 - Desire to have Spring baby fails.
- March 21 - Gail (Kucia) Johnson made a keep observation of the angle at which the baby was formed in Elsa's womb and declared: "It's a girl!"
- March 22 - Nida & Lydia were wishing Elsa would have the baby while they were at Olga's house, and that I would be called after I had gotten home from the chapel. I had told Lydia that she would be the first to know about the baby.
- March 23 - Dream: saw Elsa give birth to a baby instantly without warning and without contractions at home. I was there to help. Then we were in a restroom somewhere (restaurant), and it was wierd, but the placenta had not come out ;yet! and I told Elsa to put a kotex around it, then all of a sudden she spread her legs and the placenta started dropping. I caught ;it! in a couple hand towels! Then I put it in a plastic bag. Later, we held the baby up, and it had its eyes open. (It looked like a bay!?) The baby had not been washed yet, and it couldn't hold up his head because the neck muscles had not solidified yet (very jelly-elastic-like).
- March 27 - Last dinner at Hi-Hat (Chinese food)
- March 30 - This morning on the way to school, Vern Ratzloff told me that on Saturday, Mar. 28, he heard the phone ring and thought it was me calling to say the baby had been born. But it wasn't me. That night Vern had a dream, and in that dream he saw that I had become a father a second time and that the child had been born. He saw the child -- it was a girl! He even saw the precise weight of the newborn: 7 lbs. 2 ounces. We continued talking and I told him that last night around our last fire of the season in the fireplace, I was inspired to sing a song dedicated to the newborn child called "The Girl with the Blue Eyes."
- He told me about his son's birth--John Philip Ratzloff, who goes by the middle name Philip (the first name John being in honor of Grandfather & uncle John). I told him that if we have a boy we will call him Philip. Last night I told Elsa and Paul Steven that Philip means "lover of horses" and that if we have a boy we'll buy him a horse, and Paul will ride it. (Laughter).

Calendar Chart: Conception July 4, 1980.

July	= 28 days
August	= 31 "
September	= 30 "
October	= 31 "
November	= 30 "
December	= 31 "
January	= 31 "
February	= 28 "
March	= 31 "
Grand total	=272 days. April = _____
	Full Term = _____ days.

- April 1 - Becky (Rebecca) Russell told me that she knows if Elsa will have a boy or a girl. She had Elsa make a fist on each hand, and according to whether there were wrinkles in the lower middle palm-wrist area or not she was able to predict a boy or a girl. Elsa's right palm-wrist area was straight and unwrinkled (boy), and her left palm-wrist area was wrinkled with two lines (girl). Becky guessed it would be a boy and a girl. Two!
- April 3 - Meditation: connected with Grand Ceremony to be performed tonight in preparation for birth of incoming soul tomorrow (self-fulfilling prophecy set for April 4, 1981 at 3:30 p.m., and it's to be Susie). Will spend day fasting with Elsa (Elsa to also undergo purification rite). Felt hook-up with three bodies via the three centers (sacral-physical; heart -emotional; head - mental). Will try to achieve three bodies hook-up with spouse tonight on etheric level. Ceremony: need two lighted (blue & yellow) candles in front of bedroom mirror; purification baths; baby's blanket on bed; final oil application to belly.
"Saw" myself in chapel, announcing the birth of the newborn babe after chapel and giving out carnations with the proclamation, "It's a girl." Felt my entire body transfigured with light of fatherhood (monadic).
- April 4 - Contractions: 4:16 a.m. (Paul Steven wakes); 4:28-4:30; 4:36-4:37. 4:46 - Elsa tells me she had a dream that we were going to the coast on July 4th. It was three weeks before, and Elsa was telling Natalie, her sister, that she would have the baby by then and wouldn't be able to go. She said, "Feel how hard it is." 4:47 - "A real hard one!" 4:55 - Yellow candle flickers out (lit 9:30 last night). Pulling of uterine muscles around bottom part. 4:59-5:00; 5:03 - Baby moves. 5:13 - First bird sings. 5:18-5:19. 5:24 - Alarm goes, song "This is it--the waiting is over". 6:30 - Blue candle goes out. Elsa goes to sleep, and the contractions stop.
Later that morning I got Elsa Blue Cohosh (2 tablets every 2 hours - muscle tested), to help bring on labor if it is the right time.
- April 5 - Meditation: was able to get into baby's head (I heard "Philip") and tried to direct its path down the birth canal. I "saw" the baby straighten out and give a kick to help push himself out.
- April 7 - Pancake Chalet House; Washington Square (mucous discharge).
- April 9 - Contractions: 2:14 a.m., 2:23, 2:35, 2:57, 3:23. Elsa goes back to sleep, and the contractions stop. Today I decide with Elsa to repeat fast (clean out system with prunes and oranges) and get ready to repeat Grand Ceremony tonight again. The birth must occur on April 10, 1981 = 33! 33 is a mastership number.
Paul Steven told me later in the morning that he had a dream last night that Elsa had a baby. It was a boy! He was wearing blue clothes, blue socks, and brown shoes. He was talking like a baby. Philip was his name. He was so little.

Call from Ruth Schneider, secretary at 91 school, in the evening at 7:43 pm. Will hope and say prayer with us to have baby born tomorrow, April 10.
 9:17 - light candles for Grand Ceremony with Pyramid and chalice-glass of water (background music of Elvis, Blue Danube Waltz-2001-and Vivaldi's "The Four Seasons").
 Inspired song: "Celestial Airlines" (Words: "Celestial Airlines, Celestial Airlines, Get the Baby on the Line")

*** 4/10 --- 12:00 a.m. and on -- hardening of uterus, but no rhythmic contractions.
 Meditation: on west side of pyramid, water symbol, ♯, and guardian angel Gabriel, messenger of new birth.
 7:00 a.m. Contractions start technically.
 7:25 Elsa says, "Stay home. Let's go to the hospital."
 I call Vern, Nida, Ruth, Mother Olga.
 7:55 Leave for Hospital. (Note: Watch is ahead 1:22).
 8:15 Arrive at Salem Hospital (Morse Bldg.). Contractions are 2 minutes apart.
 Admit - Cyndi King. Contractions are 40 seconds duration.
 8:24 Prep room. Room C. Obstetrical Admitting Record.
 RN Vi (Viola, Violet) Shaffer - Main nurse (goes all the way with Elsa to delivery room).
 RN Iris Mayer - Assistant nurse (Asks Elsa if she wants tubes tied. Elsa says, "No, I want to leave intact, except with the baby out!" Vi says, "She'll be back in 6 years.")
 Vi does pelvic exam: "About 2 cm. It's really bulging out." (Saw the face of my guru Cliff Keohane transfigured on Vi's Grecian face.)
 8:32-8:32:40 Contraction
 8:33:50
 8:34 Blood Pressure 116/70, Pulse 68, Respiration 20.
 Enema (chemical) given. Vi: "Five minutes before it starts working."
 8:37 Elsa's bag taken to Room 154
 8:38 Baby's beat taken on obstetrical machine - 144 beats per min.
 8:39 Elsa's temperature normal: 98.6°
 8:42 Contraction. Picture on wall: "It started with an apple." (Man with spouse in back of barrel of apples; she holds basket of apples.)
 8:44 Mucous discharge with blood.
 8:45, 8:47, 8:49, 8:50:25-8:50:55, 8:51:45-8:52:25, 8:53:15-8:54:00,
 8:54:45-8:55:30, 8:56:15-8:56:50
 8:57:50-8:58:40 Elsa: "Another wave storm."
 8:59:25-9:00:20 Paul: "Each contraction opens up more"
 9:01:40-9:02:15, 9:03:10-9:03:55
 9:05 Switched to Room 154.
 9:06:40-9:07:30 Elsa: "Look at hanging plant." Paul: "That's just like the one you're making for the baby, white Macrame. What kind of plant is it?" Elsa: "It's a wandering Jew Ivy."
 9:08:40-9:09:20
 9:10 Vi listens to the baby. Hooks up machine: Roche FetaSonde TM 2000. Aquasonic--Ultrasound Transmission Gel. Placed above navel.
 I ask Vi if she thinks it might be twins. She said: "The thought crossed my mind when I saw your belly."(to Elsa).
 9:10:40-9:11:20

9:12:25-9:13:20 Beat of baby--a waltz. 143 beats a minute.
 Music: 135653 468986 579 10 97 8865.
 9:14:20-9:15:10, 9:16:10-9:17:00, 9:18:10-9:19:50, 9:19:50-9:20:40,
 9:21:40-9:22:30, 9:23:40-9:24:30, 9:25:35-9:26:30, 9:27:20-9:28:00
 9:29:20-9:30:00 Hear waves splashing on fetal machine!
 9:31:00 Extra long & strong!
 9:33 (11) hard thumps! Noticed Elsa's band: #642362-8, Dr. Cruise.
 9:35 Elsa says, "Rub my back."
 9:36:45 Extra hard. Elsa says, "Oh, wow!"
 9:39:10-9:40, 9:41:10-9:42 Elsa said she was to have a progress
 report conference with Paul's teacher Sharon at 11:30 today,
 and Sharon said Elsa will probably have the baby on 4/10
 just because the conference was set for that day.
 9:43:05 Double!! I hear extra beats.
 9:45:35
 9:48 Elsa: "I can't. I can't."
 9:50:45 Sharp start. h
 9:52:40-9:53
 9:53:50 Vaginal Exam. Vi: "Almost seven cm. now." Elsa and I both
 thought it had been 2 cm. when Vi first examined Elsa, but Vi
 said it was "4-5 cm. at first."
 9:55:45 Nurse Vi went to get ice for Elsa. I give Elsa wet towels.
 9:57:25 Elsa: "This one's so bad. I can't."
 9:59:10 Ice in mouth. Coming again!
 10:00:10 One contraction on top of another.
 10:01 Hard kick.
 10:02:10 It's moving.
 10:02:25, 10:04:10, 10:05:50 "Protocol for Fathers in Delivery Room"
 Sign paper. Change into hospital "paper clothes" - scrub down.
 10:07:40, 10:09:40, 10:10:50 "Hold me, Paul."
 10:13, 10:15, 10:16:25, 10:18:25, 10:20:09, 10:22:09, 10:24, 10:26
 10:28 Vaginal Exam. Vi: "Little change."
 10:29:19, 10:30 - Visit by three curious nurses, Kathy, Cherri, & ?,
 all dressed in white. "She'll be taken in when the head
 presents itself"
 10:33:30, 10:35, 10:37, 10:39
 10:43 Elsa: "I'm cold" (give warm wet towel)
 Embrace! Hypnotic suggestion: "Send the baby's head out!"
 10:50 Healing Hook-up: my left hand to Elsa's forehead; right hand
 to her lower spine (empathic).
 10:52 Vaginal discharge with blood. Kimlark napkins on table.
 10:55 Elsa: "Oh, no!"
 10:56 Vaginal exam. Vi: "Under normal circumstances, you would be
 ready to deliver, but the baby's kind of high." 8 cm.
 10:58 Elsa: "Can we push it down?" Vi: "It doesn't work that way."
 11:00 Push!!
 11:08 Baby's moving!
 11:15 Astral flight to S.F. Merced Lake & ocean beach.
 Hypnotic suggestions. TRIP TO HAWAII.
 11:35 Vaginal exam. Vi: "Turn to left side. Help baby come down."
 (Later Vi and Elsa reminisced that turning to side helped baby
 to a speedier delivery. Vi said: "I don't know why I didn't
 think of it before. I silently thought to myself: 'It wasn't
 time, that's why.')

Vi: "If you're going to have a baby, you'd better either have
 it now, or wait till after 12:30. Dr. Cruise will have a
 "tubular" at 12:00." (Later Vi told Dr. Cruise that she
 shouldn't have told Elsa to wait, because she disobeyed.)

- 11:50 Faint heart beats. Baby shifts away from fetal machine.
- 12:00:30 Water Bag Breaks!!! Paul: "What a burst!" (like a dam breaking)
- 12:03 Into delivery room. Vi: "Call Dr. Cruise."
- 12:06 Instructions from Vi to Elsa: "Pant real fast and stick your tongue out." Heavy contractions.
- 12:10 140-142 Fetal beats.
- 12:11 Doc arrives. Paul: "Hi, doc."
- 12:13:30 Numbing shots. Contraction.
- 12:15 Incision.
- 12:17:35 Coming Down! Head out! Doctor pulls the rest of the body out.
- 12:18 IT'S A GIRL! Hospital time: 12:15 p.m.
According to PACIFIC STANDARD TIME the head came out at precisely 12:16:13 p.m. The rest of the body followed out within the minute.
Elsa: "It's a real girl?" We laugh.
- 12:19 Anesthesiologist Allister gives Elsa and baby wrist bands: #02088. When I tell Allister that the baby's name is Susan Marie, she says, "I have a girl, 19, who is also called Susan Marie." Elsa has the shakes--normal.
- 12:20 Susie laid at Elsa's breast for bonding. Vi gave baby a fast cleaning, and bloody spots were still visible on the head. The baby is very purplish. Face has a nice clear complexion. A few red marks on the face from "banging against the wall." Baby cries: "Ma."
- 12:25 Good healthy crying. Doctor comes over to shake my hand, and congratulations are given. I thank the doctor.
- 12:34 Out of Delivery Room. To Recovery Room 151.
- 12:42 First feeding. Vi coaches Elsa on stimulating the nipple to make it hard and to hold the nipple to baby's mouth. Susie rolls her tongue around the nipple before finally getting the hang of it and sucking the "goodness" out of it. I go upstairs with Vi to nursery "clean" room.
- 12:45
12:50 - 1:00 Phyllis (maiden name Babinski, Polish married to an Irish man) takes care of Susie. Weight: 7.9 lbs., 3,420 grams.
Length: 19 $\frac{1}{2}$ ", 49.6 cm.
Temperature: 98.1⁰
Head measurement: 13 $\frac{1}{2}$ ", 34 cm.
- Body washed with Phiso-hex. Shampoo and rinse under faucet-- "This is the part they all like," said Phyllis. "They never cry when their head is washed." Eye drops placed to clear film from eyes. Feet printed on identification card. Black ink washed off. Vitamin K shot given.
- 1:00 I go back downstairs (wrong way - need to go down elevator). With Elsa. Change and go downstairs at 1:30 to call Olga. Olga: "I thought it was going to be a boy." Grandmother is proud, nevertheless, but she said that Paul Steven had a sad look on his face and his lips were curled up in frustration.
- 2:00 Leave hospital. It's raining. Buy 5 pink roses & baby breath for Elsa at Lancaster Mall shop. Get latch-hook for Elsa. Hear news on radio that Mt. St. Helens began erupting after 8:00 a.m. Hear curio item: "On this very day in 1912 the Titanic sailed from New York." Hear Elvis Presley sing a Kris Kristofferson song: "If You Could See Me Now" (Title: "Loving Arms" with Rita Coolidge). From the album Full Moon.
- 2:30 Call 91 School. They were already told by Nida, who had already found out from my mom about 2:00 p.m.

- 6:00 Visit baby Susie with Paul Steven. Chat with Elsa. Elsa said the baby had a red birthmark on back of neck. Pediatrician lace.
Elsa in Room 265B. Room-mate Ruth--daughter Joni Marie. Elsa said she called Jeannie; Jeannie insisted it was a boy, but she finally believed Elsa. Olga Belmudez's dream of girl. Baby: Chin looks like Elsa. I think her whole face is Elsa's. Elsa said she saw a tear in baby's eye after delivery, and she heard people say that babies don't cry.
- 8:00 Leave hospital.
- April 11 - Hospital visiting hours 3-4 and 7-8.
Husband can come and go whenever he pleases.
- 11:17 I arrive at hospital with a lily, which I bought for Susie. Elsa called Natalie: "Oh, no. It's a boy." She needed to be convinced, too. Rosie said: "I knew it was going to be a girl." We drink Mate. I take pictures. Scrub-down. I told Elsa that when I dropped Paul Steven at Grandmother's that Adolf said: "You're prejudiced" (when he saw my 'It's a girl!' button). "You didn't do that for Pavka." I told him I passed out cigars at Pavka's birth.
- 11:17 I leave to pick up Lydia so she can visit Elsa & Susie with Grandmother Olga and Sarah. Grandmother Olga buys a chrysanthemum- ("mum") that has the colors violet and yellow and white.
- 7:00 Visit Elsa and Susie again.

Elsa later told me she had been taking pink vitamin tablets so she could have a girl. Tablets: Stuart Prenatal Multivitamin/ Multimineral supplement for pregnant or lactating women.

Addition: April 4 Meditation - Final Preparations for incoming soul and birth of babe. Heard 12 knocks or rays in various parts of house to signify preparations made by "guides" and "spirit-doctors."
Saw a triangular shape with a light beaming down from apex (sky) to bottom (earth) on a beam of light which looked like a shiny pole (silver cord), and then the shape took its full form, like a diamond-shaped figure which lighted up with a central cord and sliding concentrations of light which pulsed down the shiny pole.



And then I had the image of the baby being born - first its head, then its shoulders passing out through the mother's opening.

PKU

BREAST

Susie Wigowsky

Infant's Name				Mother's Full Name			
F	4/10/81	12 ¹⁵	AM	Olga	7-7	3/30/81	
Sex	Birthdate	Time	AM/PM	Mo	Do	Yr	Month
7-9	19 1/2			Br			
Weight	Length	Waist C	Chest	Foot			
Lace				Cruise			
Footwear				Diaper			
AGA-W				65			
© 1960 ROSS LABORATORIES, COLUMBUS, OHIO 43216							

Wigowsky

Wigowsky, *E. Girl*
642362-8 @ 15
D Cruise 4-10-81 02088

Wigowsky, *Elsa*
642362-8
D Cruise

WIGOWSKY, GIRL
LACE J K
3-12617-4
523

Wigowsky, *E. Girl*
642362-8 @ 15
D Cruise 4-10-81 12 pm

Announcing
Arrival of



my name is Susan Marie Wigowsky

born on April 10, 1981 at 12:15 p.m.

weighed 7 pounds 9 ounces

proud parents Paul + Elsa Wigowsky



Home
Address 870 Datch St.
Woodburn, OR 97071



June
By six
penn

photo of
Mother
Elsa (Koval)
Wigowsky



photo of
Father
Paul John
Wigowsky

Brother - Paul Steven
(6 yrs. old)

Family Tree

Uncle: Adolf Wigowsky (Oct. 24, 1935) m
 Uncle: Stanley Wigowsky (Apr. 19, 1941) m
 © Lydia Wigowsky (Jan. 6, 1964) f
 © Mickey Wigowsky (Dec. 20, 1966) m
 © Zina Wigowsky (June 5, 1969) II
 © Daniel Emmanuel Wigowsky (Aug. 7, 1971) m/26
 © Manya Wigowsky

Frederick Korff <i>Great grandfather</i> <i>Great-great grandfather - Johann Korff</i>	Narkiz Wigowsky <i>Great grandfather</i>
Susanna Neznar <i>Great grandmother</i>	Maxina Wigowsky <i>Great grandmother</i>
Olga (Korff) Wigowsky 1/21/11 m <i>Friedrich</i> <i>Grandmother</i>	Ivan Wigowsky 4/22/14 m <i>Grandfather</i>

Paul John Wigowsky 9/25/45 m/200 <i>Father (Wigowsky Family)</i>	
Paul Steven Wigowsky 6/10/75 II/m <i>brother</i>	
Susan Marie Wigowsky 4/10/81 m/26 <i>Baby (sister)</i>	

Elsa Wigowsky 8/20/51 m/m
Mother (Koval Family)

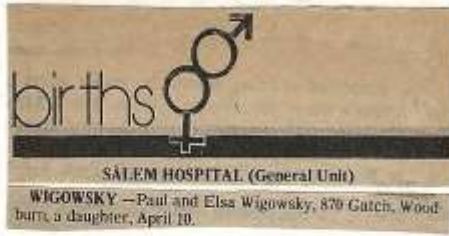
Eva (Kashuba) Koval 9/3/08 m <i>Grandmother</i>	Onisim Koval 2/15/11 m <i>Grandfather</i>
--	--

Maria Zaharchuk <i>Great grandmother</i>	Hlikeriya Senchuk <i>Great grandmother</i>
---	---

Paul Kashuba <i>Great grandfather</i>	Lavrentiy Koval <i>Great grandfather</i>
--	---

Juan Koval 3/17/36 m © Robert Koval © David Koval © Carlos Koval Dina (Castaneda) 2/26/99 m © Bucky Castaneda 10/19/65 m © Nancy Castaneda 4/5/88 m © Edward Castaneda 5/16/73 m	Miguel Koval 2/10/41 m © Robert Koval © David Koval © Nelly Koval © Danny Koval Olga (Belmudez) 10/1/41 m © John Belmudez 2/7/46 m © Michelle Belmudez 3/14/71 m	Nida (Komarchuk) 5/25/43 II © Paul Komarchuk 5/11/64 m © Alex Komarchuk 6/11/66 II © Tony Komarchuk 5/24/73 II Natalie Koval 12/20/97 m © Carlos Koval 4/6/78 m Jeannie (Monge) 2/14/99 m © Lavin Monge 2/22/73 m © Nick Jason Monge 8/17/80 m
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© Cousin



It's a GIRL!

Born on Friday
the 10th of April
19 81


at 12:15 o'clock P.M.
at Salem Hospital
Salem, Oregon

DALE A. CRUISE, M.D., P.C.
PHYSICIAN AND SURGEON
OBSTETRICS AND GYNECOLOGY
831 JASON STREET N.E.
SALEM, OREGON 97301

TELEPHONE 363-2311

Doctor Dale Cruise

Nurse Violet Shaffer

Birthstone - diamond, 
symbol of innocence



Flower - Daisy
(option - Sweet Pea)
☿
Sun Sign - Aries
(daffodil, bloodstone)
♋
Rising Sign - Cancer

Notes Water bag breaks at 12:00 p.m. Father there!
Elsa: "It's a real girl?" Susie laid at Elsa's
breast for bonding. Baby cries: "Ma."
Baby successful at breast-feeding. Father goes
to Nursery Room to watch washing, weighing, foot-printing.
First person called: Grandmother Olga.



World and Local News at Baby's Birth

The headlines

World Columbia "Space Shuttle" grounded Friday, goes Sunday.
(Computer fails)

Local Mount St. Helens belches dirty steam & ash at 8:21 a.m.

The President was Ronald Reagan (shot Mar. 30, goes home Apr. 11).

Popular Entertainers Kenny Rogers, Neil Diamond, Crystal Gayle
(In Spirit - Elvis Presley, John Lennon of "Beatles")
(Reincarnated - Elvis Presley)
North Carolina

Fashions and Fads Health Foods, Astrology, Space Movies

The most popular Song "Woman" - John Lennon, "Angel of the Morning" - Juice Newton

The most popular Dance "Disco Dancing" (Dance Fever)

Baby's Welcome



Mother said "It's a real girl? I can't believe it's a girl!"

Father said "Good Going, Elsa. We got what we asked for."

gifts - greetings - friends who called first -

- ① Blanket with 462 pink, blue, yellow, green & white colored rings (Lynn Smith)
- ② 2 months of diaper service (Girls from Pacific Northwest Bell)
- ③ Baby Accessory Kit with handy pockets (+ Fluffy Duck) (Art. Dept. from PNB)
- ④ Diaper Stacker (Bess Lewis)
- ⑤ Pink dress with white lace for 14-18 lbs. (Ruth Schneider from 91 School)
- ⑥ Pink pajamas, white booties, & lilac chrysanthemums (Grandmother Olga)
- ⑦ Pink baby pin-pillow (Sarah Prasoloff & Zina Sherchenko)
- ⑧ Pink Azalea plant (Sarah Prasoloff)
- ⑨ "Angel Wings" plant (Vern Ratzeloff) & later a light green blanket
- ⑩ Pink dress with daisy flower for 12 mo. & 1 bib with giraffe (Vera Ilyin)

Visitors:

Hospital - 4/10 Paul Steven with Dad
4/11 Grandmother Olga,
Sarah Prasoloff,
Zina Shevchenko,
Lydia Wigowsky

Home - 4/12 Grandmother Olga &
Grandfather Ivan.
4/14 Nida Wigowsky &
Lydia, Zina with
Smia Solovieff

4/19 - Vera & Nida Ilyin
Adolf Wigowsky
4/21 - Nellie Ilyin
4/22 - Ed & Jennie Mauge

gifts - greetings - friends who called first -

- ⑪ Pink dress with white lace + yellow-blue-pink floral design (Peter & Nellie Ilyin)
(Also: pink summer overalls)
- ⑫ Summer dress with cat, polka-dots, + bonnet (Ed + Jeannie Nauze)
(Also: hooded bath towel, 2 wash cloths, 2 T-shirts, yellow bib, white dress with red bow, + rattle)
- ⑬ Yellow blanket with ducks + white lace (Natalie Koval)
(Also: pink one-piece sleeper with flowers, two-piece white sleeper with stork carrying a baby)
- ⑭ Yellow dress with white swan with baby on its back + bonnet (Rasy Koval)
- ⑮ Cherie II Chest
\$30 for a car seat (Daisim + Eva Koral - Grandparents, mother's side)
- ⑯

CHERIE 3 Piece Baby	Oneida Deluxe stainless fork-spoon-soup-spoon (91 School Staff)
------------------------	--

(Put the Magic Dragon in a boat with owl, teddy bear + elephant)
- ⑰ Baby Quilt and pillows (Terry Ritzoff)
(Kittens, Elephants, flowers bunny)
- ⑱ Sleeping Bag - Blanket Sleeper (Ray Dumanowsky + Irene Velichka)
- ⑲ "Little Red Riding Hood" Velveteen Dress with White Lace (Sarah Prasadoff)
- ⑳ Brown - Granny Dress with quilted vest (Vera Lokteff)
"Casper the Friendly Ghost"
- ㉑ Home-made white doll (Vera Solovict)
- ㉒ Pink Sleeper (Zina Shevchenko)
"Gretel with baby"
- ㉓ Play-set, Two-piece (blue-white-orange) (Helen Rady)
- ㉔ Sleeveless Summer dress (pink, green, white) (Nida Lokteff)
"Blue Birds" (Lovebirds)
- ㉕ Terry sleeper (blue-white-green-blue) (Sonia Ilyin)
"Bunny - Butterfly - Sun"
- ㉖ Terry sleeper (yellow, brown, green) ("Mlya" Denisev)
"Duckies"
- ㉗ Non-stretch pink sleeper (Lily Ilyin)
- ㉘ 3 pc. Infant Bootie Set (booties, hat, sweater - white knit) (Eugenia Dumanowsky)
- ㉙ \$25 (Olga Wigowsky) - contribution for Cherie II Chest
- ㉚ Plastic Jar Set + Bib ("Mommy Loves Me... Loves Me Not?") (Polya Lokteff)
- ㉛ Pink Pants + Blouse (Nida Wigowsky)
- ㉜ Blue + yellow "Rotten Star" (Vera Dubenko)

Baby Shower
Together with
Mia Lokteff
May 3, 1931



Baby is given a Name

Susan Marie Wigowsky

1 3 1 5 4 1 9 5 5 9 7 6 5 1 2 7 6 + 2 = 8
⑪ = 2 28 = 1 42 = 6 2 + 1 + 6 = 9

"Susie"

1 3 1 9 5 = 19 = 10 = 1

Named for

Name given before first baby. Elsa's idea.

Date Apr. 10, 1981

Grandmother Olga said: "My mother was called Susanna"

Susan means "lily."

Marie is variant (Greek) of Miriam ("rebellion")



Nicknames:

"Sweet-Pea" (flower; Popeye baby)

"Bobbin-Robin" (bobs her head)



Baby weighed

_____ 7 lbs. _____ 9 _____ ozs. 3,420 gr.
was _____ 19 1/2 _____ inches tall. 49.6 cm.

Circumference

of head _____ 13 1/2 _____ inches 34 cm.
chest _____ " _____ 35.8 cm. (2 wks)
abdomen _____ "

Color of hair at birth Brown
later _____

Color of eyes Gray-Blue

Notes of special interest

Elsa said Susie had a red birthmark
on back of neck. "Should go away in weeks."

Doctor Pediatrician Lace

STORY OF A SOUL



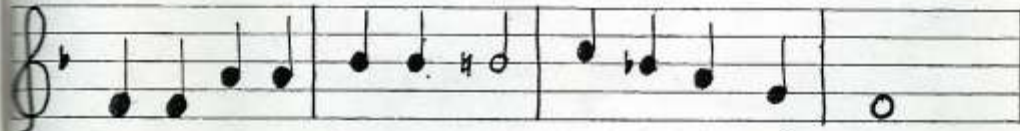
1. Come ye lit - tle children, lis - ten to my song,
2. Once u - pon a time long, long a - go,
3. Now this lit - tle soul had a mom and dad,
4. When this lit - tle soul wanted to come down,
5. What the lit - tle soul was told when it took a form,
6. Where - so - e - ver it would roam on the earth be - low,
7. Now that you have heard the part that it played a - bove,

Interlude

8. When it en - tered in the form of a lit - tle boy,
9. As it drift - ed back to sleep it would fly back up,
10. While the years rolled on and on boy oh, boy what fun,
11. When he grew much old - er he be - gan to think,
12. But be - fore he left his mom he did tell her this:

Interlude

13. Now the sto - ry has its end and the song must stop,



1. I will tell you a sto - ry of a lit - tle soul.
2. Lived a ti - ny soul way up in the sky.
3. Dad lived in a cas - tle Mom lived down be - low.
4. and to vis - it Mom on earth it would use a form.
5. was that it would be en - caged and would have to stay.
6. it would still be ab - le to talk to Dad a - bove.
7. would you like to hear the rest how it played be - low?

Interlude

8. it be - gan to shout and cry it didn't like the cage.
9. then it would be shown the life it would have to live.
10. play - ing on the green, warm earth, run - ning all a - round.
11. how he'd like to vis - it Dad and to live with Him.
12. "I would like to come a - gain as a lit - tle girl."

Interlude

13. For the lit - tle soul has gone up in - to the clouds.

zodiac THE ASTROLOGY COMPUTER

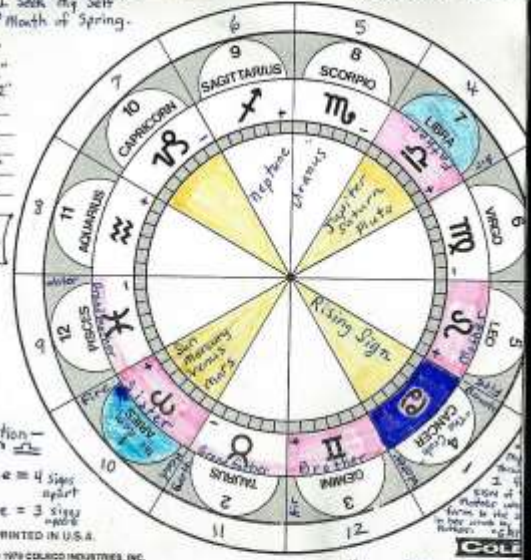
HOROSCOPE PREVIEW
 SUBJECT: Susan Marie Wigawsky
 DATE: April 10, 1981
 DATE CODE: 201A 2700
 PLACE: Salem, Oregon PLACE CODE: 117
 HOUR 12:15 A.M. P.M.

SUN	1	28° 24'
MERCURY	1	3° 38' 4"
VENUS	1	21° 19' 6"
MARS	1	11° 41' 6"
JUPITER	7	3° 24'
SATURN	7	5° 20'
URANUS	9	24° 23'
NEPTUNE	9	24° 48'
PLUTO	7	23° 2'
RISING SIGN	4	22° 11'
MOON	4	21° 7' 58"

NUMBER ±	INTERPRETATION
109	Outbursts of tears - sometimes neglects details
1	Competitive - Dring - Enterprising - Independent
127	Underlying sorrow or affection
19	Admiration for the beautiful - the beautiful
140	"Devious" could get out of control
151	Appears extremely serious - likes the safe, middle ground
43	Seeks ideal world order: justice and equality
163	Takes things for granted - does not overcome difficulties easily
55	Optimistic - benefits from marriage & partnerships - influences people
177	Can create fraudulent or deceptive conditions
69	Looks for hidden or secret meaning in things
181	Often mistakes romance for love
73	Sensitive - sensitive
193	Egotistical - can be militant
85	Successful in new activities - Aggressive
205	Sometimes tactless
97	Logically driven - leads by mental powers, not physical

Ram = scythical animal (Horus, Muzath)
 ♄ = Golden Pheasant of sacred ram (Taurus)
 - Believing ram of Greek/Roman ("Meads")

SUN (NATAL) SIGN Aries RISING SIGN Cancer
 "I Seek My Self"
 1st Month of Spring.



Opposition = Υ
 Trine = 4 signs apart
 Square = 3 signs apart
 Sextile = 2 signs apart
 Neptune + Jupiter, Saturn, Pluto

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Yellow = Cardinal Cross (♈♋♎♏)
 Pink = Family Members
 Blue = Spiritual Development



KSKD FM-105 PLAYLIST FOR WEEK ENDING

MAY 1, 1981

Annette Bader, Statistician

Note: * denotes Long version

Adds: WHERE DID WE GO WRONG.....Leo Sayer
 I GOT YOU.....Badfinger
 STILL RIGHT HERE IN MY HEART.....Pure Prairie League
 MERCY, MERCY, MERCY.....Phoebe Snow
 IT'S TRUE.....Terri Gibbs

LW	TW		
1.	1.	MORNING TRAIN.....	Sheena Easton
2.	2.	KISS ON MY LIST.....	Hall & Oates
4.	3.	ANGEL OF THE MORNING.....	Juice Newton
3.	4.	JUST THE TWO OF US*.....	Grover Washington, Jr.
7.	5.	BEING WITH YOU.....	Smokey Robinson
8.	6.	HER TOWN TOO.....	Taylor/Souther
6.	7.	WHILE YOU SEE A CHANCE*.....	Steve Winwood
9.	8.	I CAN'T STAND IT.....	Eric Clapton & His Band
5.	9.	RAPTURE*.....	Blondie
16.	10.	TAKE IT ON THE RUN.....	REO Speedwagon
12.	11.	I LOVE YOU.....	Climax Blues Band
15.	12.	WATCHING THE WHEELS.....	John Lennon
14.	13.	TIME OUT OF MIND.....	Steely Dan
10.	14.	SOMEBODY'S KNOCKIN'.....	Terri Gibbs
17.	15.	LIVING INSIDE MYSELF.....	Gino Vannelli
19.	16.	YOU BETTER YOU BET*.....	The Who
22.	17.	I MISSED AGAIN.....	Phil Collins
18.	18.	AIN'T EVEN DONE WITH THE NIGHT*.....	John Cougar
11.	19.	THE BEST OF TIMES.....	Styx
13.	20.	DON'T STAND SO CLOSE TO ME.....	Police
25.	21.	LOVE YOU LIKE I NEVER LOVED BEFORE.....	John O'Banion
26.	22.	A WOMAN NEEDS LOVE.....	Ray Parker & Raydio
30.	23.	HOW 'BOUT US*.....	Champaign
29.	24.	SAY YOU'LL BE MINE.....	Christopher Cross
Add	25.	SWEETHEART.....	Franke & the Knockouts
20.	26.	TURN ME LOOSE*.....	Loverboy
23.	27.	JUST BETWEEN YOU AND ME.....	April Wine
31.	28.	SUKIYAKI.....	A Taste of Honey
38.	29.	MEDLEY*.....	Stars on 45
24.	30.	WOMAN.....	John Lennon
34.	31.	FIND YOUR WAY BACK.....	Jefferson Starship
27.	32.	THE PARTY'S OVER.....	Journey
Add	33.	HOLD ON LOOSELY.....	.38 Special
35.	34.	MR. SANDMAN.....	Emmylou Harris
37.	35.	SOMEBODY SEND MY BABY BACK HOME.....	Lenny LeBlanc
Add	36.	SINCE I DON'T HAVE YOU.....	Don McLean
40.	37.	WINNING*.....	Santana
39.	38.	PLAYING WITH LIGHTNING*.....	Shot in the Dark
41.	39.	LATELY.....	Stevie Wonder
Add	40.	BUT YOU KNOW I LOVE YOU.....	Dolly Parton
Add	41.	SUPER TROUPER.....	Abba
Add	42.	TIME.....	Alan Parsons Project
Add	43.	FOOL IN LOVE WITH YOU.....	Jim Photoglo

100,000 WATTS OF MUSIC POWER — P.O. Box 631, Salem, Oregon 97308

Len E. Mitchell, Director of Programming

